

Women Alone Together® seminar  
***The Journey through Grief to Hope***  
November 14, 2015

Guiding the seminar, we were fortunate to have The Reverend Kate Colussy-Estes, Julia Thompson Smith Chaplain, and Dr. Paula Bloom, Psychologist and Counselor.

Chaplain Kate and Dr. Paula compiled this book list from the discussion of the day:

*Healing after Loss* by Martha Whitmore Hickman

*Man's Search for Meaning* by Viktor Frankl

*Crazy Time: Surviving Divorce..* By Abigail Trafford

*The Other Side of Sadness* by George Bonanno

*Being Mortal* by Atul Gawande

*Daring Greatly* by Brene Brown

*Gifts of Imperfection* by Brene Brown

*Necessary Losses* by Judith Viorst

*A Grace Disguised: How the Soul Grows through Loss* by Gerald Sittser